



## Service Agreement & Consent (Child Client Addendum)

### **Confidentiality for a client under the age of 18**

Confidentiality also applies to clients who are children or young people (that is, those under the age of eighteen). The Psychologist will **not** automatically disclose what is discussed in the session with the parents/guardian of the child or young person.

The Psychologist (as per Service Agreement & Consent form) **will** disclose to parents/legal guardians, and/or another relevant professionals or authorities, any information that she believes, that not disclosing, would place the child or young person at the risk of harm.

Whilst the Psychologist may not give specific or detailed information to parents/guardians, without the child client's consent, she **will** provide parents/legal guardians with either information and/or strategies to assist with parenting, and supporting, the child or young person in the most effective manner.

If the child or young person wishes to share information about the sessions with parents/legal guardians they are free to do so at will. Parents/Legal Guardians are asked to respect the child/young person's right to privacy by not making them feel uncomfortable about not disclosing, or feel pressured to disclose, the information shared in the session.

The Psychologist **will** be working toward assisting the child/young person to openly communicate, and share information with, the child's parents/legal guardians, given an understanding that this is ultimately in the child's best interests in relation to receiving ongoing, and outside of session, care and support.

### **Agreements and Orders**

Whilst it is preferable for both parents of a child to be in agreement with their child receiving psychological services, service may proceed with the consent of only one parent. Please discuss with the Psychologist prior to attending the first session if all legal guardians/parents are not aware of, or in agreement with, the child receiving services. Please also advise the Psychologist if your child is the subject of any parenting agreements or orders, family court or child protection matters/orders to ensure that your Psychologist can appropriately manage any issues relating to these matters that may arise.

### **Consent**

I/We have read and understood the information above; have provided all relevant information as required above; are the legal guardians authorised to give consent for the child or young person in question; and agree to the child receiving services from Janelle Middleton – Psychologist under the conditions outlined above.

Child's Name: ..... D.O.B.:.....

Name (please print):.....Signed.....Date:.....Relationship to child:.....

Name (please print):.....Signed.....Date:.....Relationship to child:.....